

After Suicide: How Communities of Faith Can Help Reduce Suicide Contagion

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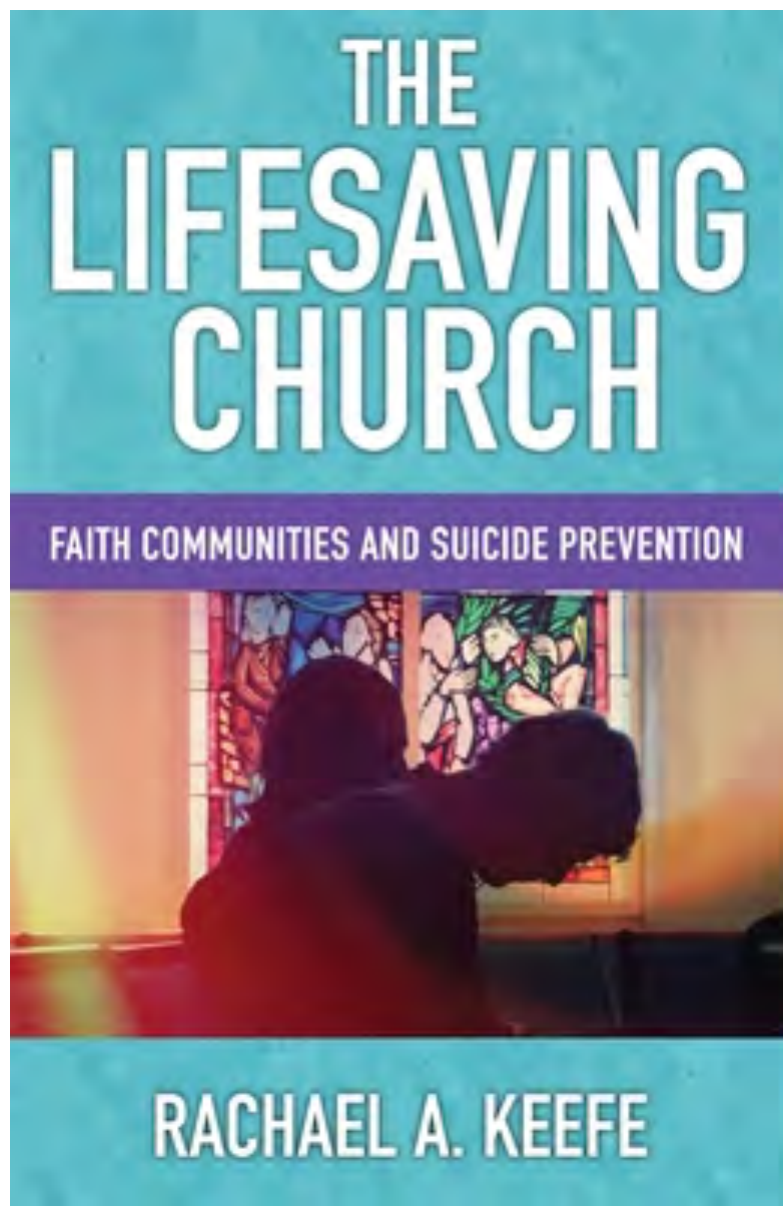
Rev. Angela Whitenhill Shields



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Why are conversations about the aftermath of suicide, and suicide behavior important?





Please describe your book and the best ways clergy, congregational leaders and community leaders can use this as a tool in the midst of suicide.

How does the nature of our messaging, and how we talk about suicide change after it's actually happened?



Responding After Suicidal Behavior

- Be with them.
- Encourage them to be gentle to themselves
- Encourage them to take care of their health
- Know that because they are home from the hospital or back at work, they may still be suffering
- Encourage them to communicate thoughts of suicide and express their emotions
- Encourage them to find a support group, and stay in counseling

**What do family and friends
need following the suicide of a
loved one?**



What are a few healthy theological perspectives about suicide that you've relied on in your own pastoring and or clinical work?



Can you name a few healthy practices that clergy can do after a suicide?



Get Help: Resources



Resources for the Faith Community

<https://theactionalliance.org/communities/faith-communities>

CRISIS TEXT LINE |

Text HELLO to 741741

Free, 24/7, Confidential



I-800-273-TALK(8255)

www.suicidepreventionlifeline.org

Thank You!

<https://www.nbacares.org/mental-health>



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