Friends Helping Friends is a resident initiated program that seeks to provide hot meals for the lowest income residents at Fowler Christian Apartments. This program is ongoing and has no end date. The more we raise, the more residents we can help.

Mission Area: Older Adults, Innovation Grant: US $15,000

Goals, Outcomes, and Learnings:

- With your help, we have provided 1815 hot meals. We have written additional grants and hope to fund meal programs for 40 residents in the near future.
- Our residents who initiated the program have a sense fulfillment and accomplishment, knowing that their friends who struggle even more than they do, have food.
- It has been wonderful to witness community in action. We have watched residents help each other, encourage others to apply for the scholarship, and dine together- individuals on scholarship as well those who are able to afford their daily hot meals.
- In an effort to spread the opportunity to as many people as possible, a quarterly application process was initiated. That has however proven to be a challenge, so we are moving to an annual application process.
- The program is now grabbing the attention of other philanthropic individuals and groups.

As the health and social services general ministry of the Christian Church (Disciples of Christ), the National Benevolent Association partners with congregations, regions, general ministries, and a variety of Disciples-related health and social service providers to create communities of compassion and care. Founded in 1887 by six women responding to the needs of the day and on their doorsteps, for more than 130 years the NBA has continued to serve "the least of these." Learn more at www.nbacares.org.