

Dr. Mark E. Poindexter Wellness Fund: A Fund to Support Body, Mind, and Spirit

West Side Christian Church in Portsmouth, Virginia, is honoring the pastoral ministry of Pastor Mark with the establishment of this fund that will help support NBA's Mental Health and Wellness Program.

Over the years, Mark has worked on several occasions with the NBA, including a powerful written testimony about battling severe depression and offering liturgy and sermon resources on the importance of the Church being a place of compassion and support for individuals living with mental illness and related traumas.



Dr. Mark E. Poindexter

In his advocacy work, Mark is committed to ensuring that more support and learning resources can be available for clergy and faith leaders.

Your gifts to the “NBA Dr. Mark E. Poindexter Wellness Fund: A Fund to Support Body, Mind, and Spirit” will sustain the development of resources and programs that provide a holistic vision of wellness to be offered and accessible by all.

**To contribute, scan the QR code or visit
nbacares.org/poindexterfund**



MENTAL HEALTH AND WELLNESS OVERVIEW



NBA's Mental Health and Wellness work is centered in resourcing Disciples health and social service entities and reaches out to the whole denomination through general church partnerships, regional collaborations, support for congregations, seminaries, and community-based organizations.

Our work focuses on
four core areas:

- Leadership Wellness & Corporate Health
- Mental Health Justice & Wellness Equity
- Crisis Care & Support
- Integrative Wellness Support

Learn more at
nbacares.org/mental-health



Rev. Joselyn Spence
Cameron Cunningham



National Benevolent Association
of the Christian Church (Disciples of Christ)