

CARE PARTNER TOOL KIT



Becoming a ***care partner*** is one of the most important roles a person will take on behalf of a loved one.

One may be thrust into the role quickly due to a sudden illness, accident or maybe with the realization that the loved one is not doing as well as we thought on their own. It will at times be rewarding and at others feel like a burden we do not feel we can handle.

Whether it begins with transportation to a doctor's office for a friend or starting an important conversation with one's parents about their future, it is part of God's calling to show mercy and compassion.

A care partner (caregiver) sacrifices time, energy, and love. In our Christian faith, Ruth is a notable biblical example of a care partner as she cares for the needs of Naomi while her own future was not secure. It is Jesus' healing, compassion, mercy, and love that show us the way of being a care partner. Many of us think a care partner is a professional doctor, nurse, and other health care provider. The reality is that each of us are care partners without even giving it much thought.

Included in this Tool Kit are Quicksheets (as PDF files linked at the bottom) with information, ideas, and resource links that will assist individuals in the role of care partner and help faith communities in supporting them. The information is designed to help people approach the role with confidence in bite sizes and remind them they are serving God in all they do for others. Quicksheets are available on the following topics:

Resources designed for care partners

- Care Partner Roles and Responsibilities
- Glossary of Terms
- Care Partners Planning Together: Preparation for the Hard Conversations, Conversations Starters and Tips
- Ten Considerations Worksheet
- Accompanying a Loved One to the Doctor
- The Guilt of Caregiving
- Resource Roadmap – listing of resource links

Resources designed to assist faith communities supporting care partners

- Churches Ministering to Care Partners
- A How to Guide: Starting a Care Partner Support Group
- Supporting Male Care Partners in our Communities
- Cultural Diversity and Caregiving
- Family Caregiver Facts Graphic
- Caregiving in the U.S. Graphic
- Resource Roadmap – listing of resource links

The Care Partner Tool Kit is a collaboration between the Presbyterian Older Adult Ministry Network and the Association of Partners in Christian Education with the Office of Christian Formation in the Presbyterian Mission Agency, PCUSA. You can reach these resources at this landing page from any of these organizations' resource pages.



| Info                                      | Content                   |
|-------------------------------------------|---------------------------|
| Accompanying Your Loved One to the Doctor | <a href="#">View File</a> |
| Care Partners Planning Together           | <a href="#">View File</a> |
| Care Partners Roles and Responsibilities  | <a href="#">View File</a> |
| Caregiving and Guilt                      | <a href="#">View File</a> |
| Glossary of Terms                         | <a href="#">View File</a> |
| Resource Roadmap                          | <a href="#">View File</a> |
| Ten Considerations Worksheet              | <a href="#">View File</a> |

| Info                              | Content                   |
|-----------------------------------|---------------------------|
| A How to Guide                    | <a href="#">View File</a> |
| Caregiving and the Church         | <a href="#">View File</a> |
| Caregiving in the US Infographic  | <a href="#">View File</a> |
| CDC Caregiving Infographic        | <a href="#">View File</a> |
| Cultural Diversity and Caregiving | <a href="#">View File</a> |
| Resource Roadmap                  | <a href="#">View File</a> |
| Supporting Male Care Partners     | <a href="#">View File</a> |

