After Suicide: How Communities of Faith Can Help Reduce Suicide Contagion

Rev. Dr. Rachael Keefe
Rev. Angela Whitenhill Shields
Why are conversations about the aftermath of suicide, and suicide behavior important?
Please describe your book and the best ways clergy, congregational leaders and community leaders can use this as a tool in the midst of suicide.
How does the nature of our messaging, and how we talk about suicide change after it’s actually happened?
Responding After Suicidal Behavior

• Be with them.
• Encourage them to be gentle to themselves.
• Encourage them to take care of their health.
• Know that because they are home from the hospital or back at work, they may still be suffering.
• Encourage them to communicate thoughts of suicide and express their emotions.
• Encourage them to find a support group, and stay in counseling.
What do family and friends need following the suicide of a loved one?
What are a few healthy theological perspectives about suicide that you’ve relied on in your own pastoring and or clinical work?
Can you name a few healthy practices that clergy can do after a suicide?
Get Help: Resources

Resources for the Faith Community

https://theactionalliance.org/communities/faith-communities

CRISIS TEXT LINE | Text HELLO to 741741
Free, 24/7, Confidential

NATIONAL SUICIDE PREVENTION LIFELINE™
1-800-273-TALK(8255)
www.suicidepreventionlifeline.org
Thank You!

https://www.nbacares.org/mental-health