Liberating the Mind:

How the Church Can Understand Mental Health as a Justice Issue

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What Do We Mean When We Say Justice?

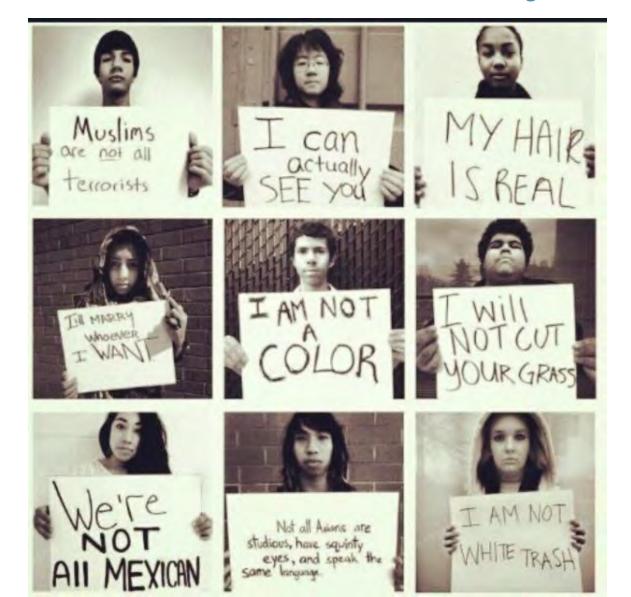
Race Prejudice

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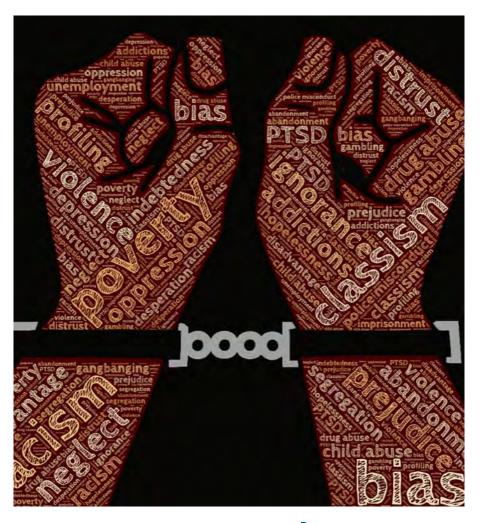
Misuse of Power by Systems and Institutions

Racism

Intersectionality

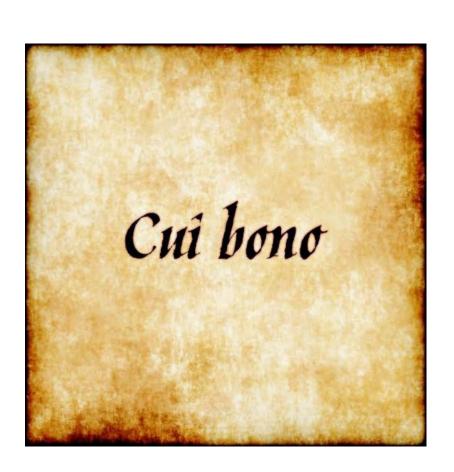


Systems and Institutions



Justice vs. Charity

So, What Do We Mean When We Say Justice?



- -isms
- Intersectionality
- Microaggressions and Privilege
- Systems and Institutions



The Root Causes





Being the Church

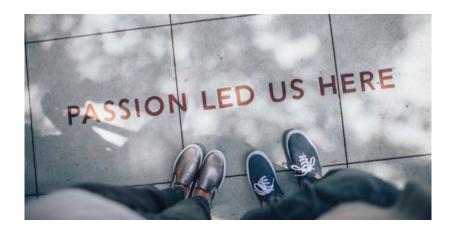
How do we theologically conceptualize justice work?



Listen
See
Use Your Power

Practical Ways to Be the Church

- Address assumptions
- Educate ourselves and others
- Provide space
- Connect with our local community
- Support access to services
- Local Commission on Mental Health



Current MH Advocacy Areas

- Parity for mental health coverage
- Mental health screenings in schools
- Medicaid and Medicaid expansion
- Jailing people with mental illness
- Workplace discrimination
- Education for families
- Prison MH services
- Health care equity



Resources for MH Advocacy

National Stakeholder Strategy for Achieving Health Equity

https://minorityhealth.hhs.gov/npa/templates/content.aspx?lvl

=1&lvlid=33&ID=286

SAMHSA: Programs and Campaigns

https://www.samhsa.gov/behavioral-health-

equity/about#POLICY

NAMI: Learn More / Public Policy

http://www.nami.org/Learn-More/Mental-Health-Public-Policy

Questions / Conclusion

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Thank You!

